



# LOVE POWER POLITICS

FEB 2023  
EDITION



# SoBa Snippets

Newsletter club

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LOVE  
LOVE  
LOVE



POWER  
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POWER

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SRF COMMITTEE IN COLLABORATION WITH  
CNMS SCHOOL PRESENTS

## MINI MARATHON

The SRF Committee in collaboration with CNMS School, organized a mini marathon on 26th February, 2023 to raise funds for Pediatric Cancer. The experience and the sense of achievement was beyond words, as described by Tinisha and Prashansa, SRF Committee Heads.

Waking up at 4 am in the morning with minds full of energy and hearts full of motivation, everyone had a different level of enthusiasm and energy to conquer the marathon. The event witnessed an incredible level of participation from people of all age groups. Children, young adults, and seniors all came together to run for a good cause, demonstrating the power of collective effort towards a common goal. It is truly said that, "The meaning of life is not simply to exist, to survive, but to move ahead, to go up, to achieve, to conquer."

The selflessness of the volunteers along with the dedication of organizers is truly inspiring, and it is testament to the fact that this generation is still connected to its roots. The event not only helped in raising funds, it was an opportunity for people to come together and work towards a shared goal, fostering a sense of togetherness and appreciation for each other.

-Dia Valecha



# Soba Snippets

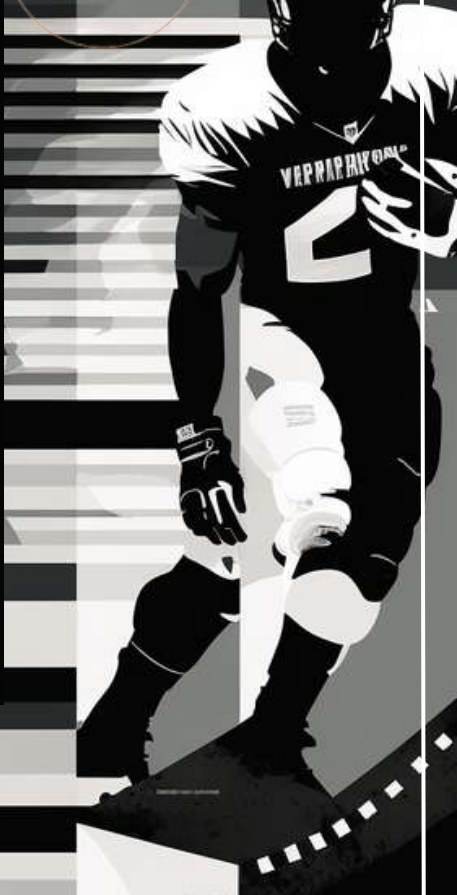
From the 8th of February to the 11th of February, the Kirit Mehta School of Law held a sports festival called "Parakram". This event was sponsored by SoBA's Through the Lens club as their Aftermovie Partner. The festival lasted for four consecutive days, and it was a highly demanding event for both the participants and the organizing team.

We are delighted to inform you that the organizers of the sports festival gave generous recognition to everyone who contributed to the event's success. The hard work and dedication of the participants and the organizing team were highly appreciated, and their efforts were acknowledged with heartfelt gratitude.

Additionally, we would like to inform you that a short film showcasing the highlights of the event will be released soon. This film will provide an opportunity for everyone to relive the excitement and enthusiasm of the sports festival. We hope you will enjoy watching it as much as we enjoyed organizing the event.



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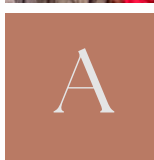
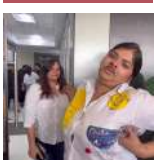
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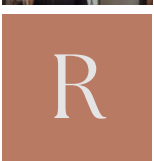
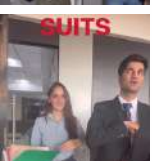
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## **SOBA STUDENTS MAKE WAVES IN ATHLETICS, CRICKET, FOOTBALL, AND ESPORTS**

Our college is proud of the recent accomplishments of our students, who have won multiple prizes at competitive tournaments. Their talent, dedication, and perseverance set them apart from their peers and showcase the high-quality education provided at SoBA. We are thrilled to see our students excel in various competitions, and they have represented our college with pride and sportsmanship. These victories are a testament to their hard work and reflect the quality of education we provide.



This semester, our cricket team has been performing exceptionally well, winning multiple games and achieving impressive results such as 3rd place in Illenium, 2nd place in Fury and Zion, and reaching the semi-finals in Samarthyra and Vaayu. The football team is also showing improvement and competing at a high level. They came in 2nd in Zion and 3rd in Parakram, and participated in unique events such as Footvolley and Dribbletrouble, finishing in 2nd and 3rd position, respectively.



Our Esports team has been dominant in recent fests, with our COD Mobile team winning Goonj and Parakram and coming in as runners-up in Kiran, Zion, Meraki, and Parakram. We also won F1 at Meraki and the Spartan Race at Vaayu. Additionally, our college has recently started participating in athletics events, where our students have won multiple medals, including bronze in 100m, silver in 400m, and long jump.



In conclusion, these recent achievements demonstrate the dedication and talent of our students. These students' accomplishments represent our college with pride and sportsmanship. We look forward to seeing our students continue to excel and make us proud in future competitions. These achievements inspire us to strive for excellence in all areas of education and encourage us to support our students in the pursuit of their dreams




-Ishaan Sahay



THERE WERE ROSES



BOOK CLUB  
PRESENTS

L  V E  
 U T  
L  U D

FEBRUARY 14TH





Saba Snippets

# Unofficial Prom

4:1

at 4:1



## 21 Day Challenge

Have you reached a point in your life when you feel ready to make a change for the better? You should try the 21-day challenge now. The idea is straightforward: it takes 21 days to form a new, beneficial routine. And on this, World Cancer Day, there is no better moment to begin. Saanjh, SoBA's community service club, has always been at the forefront of raising public awareness.

They kicked off the new year with a successful blood drive. And for the month of February the goal is to get people to make some basic lifestyle adjustments that will have a positive effect on their health, such as going for a 30-minute walk every day, drinking more water, or opting to eat more fruits and vegetables. A person's health can improve over time through the accumulation of these seemingly insignificant adjustments. February 4th marks World Cancer Day, a day to raise awareness and inspire action to reduce the impact of cancer on individuals, families, and communities worldwide. In honor of this day, Saanjh encourages students to take up the 21 days challenge.



According to Anushree (Saanjh's Club Head), "The simple premise behind the 21 days challenge is that it is stated that it takes a figurative 21 days to build a positive habit." The challenge was launched on February 4th in honor of World Cancer Day. Our goal was to encourage those around us to take a more active role in prioritizing their health. In addition, this month's blogs will focus on cancer awareness and bridging the care gap.

# Soba Snippets

The World Cancer Day group inspired us to do something similar, so we've spent the past 21 days encouraging students to make tiny changes in their life that could have a big impact down the road. Genetic abnormalities account for just 5- 10% of cancer incidences, whereas environmental and lifestyle factors account for the remaining 90-95%.



Taking care of one's health is something we should all do, but it's not always easy to put in the effort. Which is why Saanjh is here: to encourage you to start making positive changes in your life that will lead to a better you. Your long-term health can be greatly improved if you commit to making positive changes for just 21 days. So, why do you linger? Join us in a 21-day challenge to boost your health and fitness levels. Together, let's make a difference for the better!

-Nimisha Ranade



The 21-Day Challenge began as an idea sparked by the World Cancer Day group's initiative to reduce cancer patients' wait times for treatment. The group's mission is to ensure that people from all backgrounds and income levels have access to high-quality cancer care. It is possible to help the fight against cancer and improve one's health by taking part in the 21 Days Challenge.



February 2023

## The Rise of SoBA: A Story of Triumph at College Fests

The months of January and February came with a wave of intercollegiate fests such as Goonj, Parakram, Zephyrus, Meraki and Kiran. This fest season specially proved to be very successful for SoBA, bagging the first podium at Meraki and Goonj, second podium at Parakram and third podium at Zephyrus. Right from sending full contingents, to securing countless podium finishes at the fests, the students of SoBA yet again proved their mettle.

In a recent interview, the Contingent Leader of the college, Aryan Gulati, joined us and talked to us about the role of the contingent team during the fests, the recent wins, the response to such a successful streak, and much more.

**Q) How has the response been, by the faculty or your peers, to the recent wins?**

A) With any good result, there is a huge positive response, and that has been the case with this as well. We got more wins in the last month than ever before, so it has been historic, in a way. People have started taking notice, students in the classes, and even the faculty; they come in and congratulate us for our work and complement our participants, so it has been a very positive response from everybody.

**Q) What would you say, should our wins be credited to?**

A) I would say sheer enthusiasm. Even though we are a small college, and we don't have big numbers, we still send larger contingents than other colleges. So, I would say enthusiasm, and talent obviously. We send 100 participants per fest usually, so that increases our chances of winning, getting podiums and finishes.



Aryan Gulati, CL

“

We took an unanimous decision, that whenever we go to participate in fest, we must win a podium

”

# Saba Snippets



**Q) Is there a specific vision that you, as the contingent team, go into a fest with?**

A) Ever since the current contingent body started working, there was a unanimous decision that whenever we go to participate in fest, we must win a podium at the very minimum, and moreover, to try and finish first. It is this competitiveness in us that has helped us get these results. The club heads and the participants also now have a vision of participating to win, which is great because we are starting to get results now, as we have seen.

-Anjali Singh

## HEAD OVER MEALS



### Khushi Dewan

*Ceo/Founder/Head Chef*

Passionate about cooking since a young age, Khushi Dewan has successfully managed to turn her passion into a wonderful career opportunity. With an exciting business model and a strong support system, Khushi has managed to create her venture, 'Head Over Meals'. SoBA Snippets caught up with Khushi to further inquire about her business.

SS: How did the idea for 'Head Over Meals' come about?

Khushi: I love to feed people; I wanted more and more people to try my food. I feel happy whenever someone enjoys or appreciates what I have cooked. My family members have pointed this out as well.

I started Head Over Meals' Instagram in April 2021, during COVID, when everyone was at home and indulging in their hobbies and posting about them. It was then that I realized that I could do that with my food as well. I started the 'Head Over Meals' Instagram page and began posting recipe videos, restaurant reviews, and even travel content. I also realized that what was missing from the social media sphere was 'reality'. Most of us like to believe that social media is just a facade and that nobody lives a perfect life.



# SoBa Snippets

I wanted to highlight that everyone has failures and that it is okay to share them once in a while instead of always looking for picture-perfect opportunities. That is the real influence; when people see that you make mistakes too, they understand your journey better and get motivated to work out their own. So, I started to post my failures as well. That was my Instagram's main attraction.

## **SS: What is your selling process? Do you have any support?**

Khushi: We started in January this year by giving free food samples to the families in my building. We then added them to a WhatsApp group where they could place their orders based on a daily menu that we provide. Then word-of-mouth helped us a ton and we started delivering to the neighboring localities as well. I have a separate WhatsApp group for my college friends and fellow college students.

We always ensure that we use the best ingredients and try to make as many things as we can from scratch, for example, paneer, butter, or even handmade pastas.



**HEAD OVER MEALS**



: headovermeals.ig



## **SS: What are your plans for the future?**

Khushi: My short-term goal is to start paying my own bills. As for Head Over Meals, I do want it to expand. I even aim to monetize my Instagram account. I want to learn more about cooking and possibly learn a few more dishes. I wish to open my own restaurant one day with a soulful, non-intimidating menu that caters to everyone!

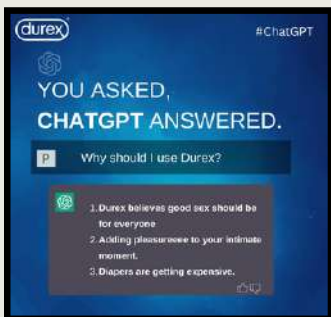
## **SS: Is there anything you would want to tell your SoBA peers?**

Khushi: Sure, to whoever is reading this, I would love to add you to my WhatsApp group. Head Over Meals' food is a healthy, homely alternative to any hostel/street/canteen food that you may have been having while living away from home. Do reach out to me and I will be grateful to have you as a part of the HOM fam!

-Dhwani Venkateshwaran

February 2023

# IN THE MOMENT MARKETING





# Valentine's Day Special

Ah, Valentine's Day - the holiday of love, roses, and heart-shaped boxes of chocolates. Some love it, some hate it and some people are simply indifferent. The fact remains, no matter which camp you fall into, this holiday stands out from the rest for some reason.

For starters, Valentine's Day is unique in that it celebrates love in all its forms. Sure, it's traditionally associated with romantic love, but it's also a time to appreciate the people around you, whether it be your friends or family. After all, who says you need a significant other to feel loved and appreciated?

And speaking of significant others, let's not forget about the lovebirds who go all out for this holiday. From candlelit dinners to sappy love notes, Valentine's Day is the perfect excuse to shower your partner with affection (and maybe a few extra kisses). But being in a relationship shouldn't stop you from buying yourself those flowers or devouring Belgian chocolates while watching a cliché rom-com.

But what about the darker side of Valentine's Day? You know, the side that has some people calling it a "Hallmark holiday" or a shameless ploy by the greeting card companies. Well, as someone who has spent many a Valentine's Day solo, I can attest that there's some truth to these claims. After all, it's hard not to feel a little left out when the whole world seems to be caught up in a romantic frenzy.

It's no secret that rom-coms have played a huge role in the glorification of Valentine's Day. From "The Notebook" to "When Harry Met Sally," Hollywood has been selling us unrealistic expectations of what this holiday should look like. The truth is, not every couple is going to have a grand romantic gesture or a candlelit dinner. And that's okay! The pressure to live up to these idealized versions of Valentine's Day can be overwhelming and can put unnecessary strain on relationships.

At the end of the day, I think there's something special about having a day dedicated to love and all its complexities. Whether you're single, taken, or somewhere in between, Valentine's Day is a reminder that love is a universal language that transcends all boundaries. And if that's not worth celebrating, then I don't know what is.

So go ahead and indulge in a heart-shaped pizza or a bouquet of roses, or just spend the day doing something you love with someone you love (or by yourself, if that's more your style). It all comes down to appreciating the people and things that make life worth living - and that's something worth celebrating on Valentine's Day.

-Prisha Sharma

# Saba

*Swappetis*



# Soba Snippets

It was when I saw Instagram stories and posts flooding with Van Gogh 360° exhibition that I felt the actual exigency to visit. It sparked a surge of curiosity within me to visit and walk down the lane of his artistic work, to go read the story he tried to delineate through his portraits and paintings, and get the hang of what exactly was so noble and surreal that every other person was so into the whole show.

“Painting is a faith and it imposes the duty to disregard public opinion” were the very first words written in bold and black, almost impossible to ignore, and they were just enough to drown you in the spiral of raveling thoughts to decipher its actual connotational worth.

Ever since mankind put the brush on a canvas, many artists have left an imprint, a legacy per se. Van Gogh, unlike many others who came before him, made an astronomical impact on the world of art, leaving an imprint to be admired. His most iconic work is “The Starry Night”, followed by self-portraits and over 2,100 paintings and drawings created over just a 10-yr period. All these paintings were not just painted out of vanity or self-absorption, but simply because he was broke both financially and mentally and couldn’t afford to pay subjects.

The artistic setup traced the whole life story of Van Gogh through a series of panels, illuminating his works and tales past them creating a montage of his life’s work. As if his life story wasn’t a complete enough experience, I entered the expansive chamber wherein the show-stopping 360° experience was crafted and handled beautifully. It was like we were living in the paintings. The walls were the canvas and so was the floor, it was like wherever you looked it just won’t let your attention waver. It was such a peaceful chaotic experience with hushed voices and camera shutters. As the Starry Night painting emerged on the walls, a synchronized wave of astonishment was passed and shared by every single soul right there. The beauty with which it was created, actually made me wonder, could it be a real thing, could it?

The Starry Night was not painted as simple white points of light, instead Van Gogh saw them as mystical orbs that rival the moon, allowing us to feel the power and poetry of the universe. It was for him, that the night was more alive and richly coloured than the day. Look at the sky, it is not dark black without character. The black is in fact the blue and over there, lighter blue, blueing through the blueness in the blackness. The wind is swirling through the air and they are shining, burning and bursting through. The stars, have you seen how they roll their light? Everywhere we look the complex magic blazes before our eyes. Likewise, every other painting left an underlying piercing thought of the way he perceived the world.

It was an experience that everyone should have, one of those events on which you should not miss out. So, after all, it is not just an Instagram-able place, you see. I agree it is a picture-perfect place to create a reel but isn’t it also a place which unites you with the real you, wherein you somewhere relate that world of his with yours; even if it might be for few silvers won’t you get lost and let the dominos cascade with the flow, and let your voices implore?!

-Urmi Taksal

# FARZI CRIME EXPLAINED

## Understanding the Significance of Counterfeiting in the Context of the Indian Economy and Monetary System.

We all must have seen Sunny, a brilliant small-time artist breaking bad by getting catapulted in the world of counterfeiting on Amazon Prime's 'Farzi' by now, he smuggled counterfeited notes worth 12000 crore INR. Have you wondered how much would it actually affect the Indian market if they successfully injected that sum in the Indian market?

Counterfeiting is an illegal act of creating and distributing fake currency notes that resemble the genuine ones. 12000 Crore is a small number if we compare it to the 32,40,000 Crore INR which is the total currency in circulation in the Indian market approximately as of 21st March, 2022. It's worth noting that the amount of currency in circulation can fluctuate depending on various factors, such as changes in economic conditions, government policies, and demand for cash. In this scenario, the presence of 12,000 crore rupees of counterfeit currency in the market may not have a significant impact on the overall market since it only represents a small fraction of the total currency in circulation.

The amount of 12,000 crore rupees represents only 0.37% of the total currency in circulation ( $12000/3240000 \times 100\%$ ). Therefore, it is unlikely to cause a significant distortion in the market. Which is why the politician in power wasn't bothered as much by Michael's grudge against the counterfeiting world. However, if the counterfeiting activity is widespread and not addressed, it may lead to inflation and a loss of confidence in the currency, which could eventually impact the overall economy.

“Counterfeiting is a real problem that exists in the country and it's also what we call a faceless crime – nobody thinks of it as a crime, it's illegal of course, but nobody can really pinpoint what harm it causes, but when there are enough counterfeit notes, it can cause a lot of harm,”

Counterfeiting is a serious crime that undermines the integrity of the monetary system and has a negative impact on the economy. It is important to take measures to prevent and combat counterfeiting, including raising awareness among the public, enhancing security features of banknotes, and strengthening law enforcement.

–Arnav Deshmukh



## TALENT TREASURE

Vansh Jain is a skilled and passionate writer from SoBA who started writing seriously during his 12th grade. He has a blog on Medium and an Instagram writing account called 'Chateau of Writing' where he posts his short stories and poems. His goal with writing is to help people relate to their emotions and feel less alone. One of his original poems is called 'Masks.'

### MASKS

This world is filled with pain.  
We go through the motions, living one day at a time.  
We see each other and put on a mask,  
To hide how we truly feel.  
People don't realize that everyone puts on a mask,  
To hide how they truly feel.  
Stress, expectations, work.  
All of these things we see in our lives  
And imagine that they don't exist in others.  
But they do. It's the mask that we see.  
Hiding who we are.  
For how long do you believe you can hide?  
Hide your emotions within that mask.  
That doesn't stay forever.  
It will eventually shatter, that mask.  
Showing your true self to the world.  
You refuse to take off the mask.  
You say, "No."  
Why? Why do you refuse?  
Shouldn't people know?  
The real you?  
You say, "The mask protects me."  
"It protects me from the pain, the lies, the sadness."  
"It makes it so that no one can hurt me anymore."  
"Is that really so selfish?"  
Do you understand now, my masked friend?  
The mask is both a curse and a boon.  
It hurts others but keeps us safe.  
Living with the mask is a paradox.  
Either we get hurt or we hurt others.  
What would you choose?

-Vansh Jain



# ANONYMOUS COLOUMN

"So a lot has been going on in college in terms of politics and power play so my question was how does one navigate college politics, deal with the unsettling environment of power dynamics and still maintain a healthy friendships with peers?"

Dear Anonymous.

I'm sorry to hear that you're feeling overwhelmed by the political environment in college. It can be tough to navigate the power dynamics that come with any organization, especially one as large as a university. But don't worry, there are plenty of ways to maintain healthy relationships with your peers while also dealing with politics.

First and foremost, clear communication is key. If you're feeling frustrated or confused about a situation, don't be afraid to speak up and ask questions. This can help avoid misunderstandings and prevent conflicts from escalating. And if you do find yourself in a disagreement with someone, try to see things from their perspective. It's easy to get caught up in our own opinions, but taking a step back and trying to understand where someone else is coming from can help resolve the issue more quickly.

Another important thing to remember is to check your ego at the door. It's natural to want to be seen as powerful or influential, but letting your ego dictate your actions can be harmful to your relationships with others. Instead, focus on working together towards a common goal, and recognize that everyone has something valuable to contribute.

Of course, it's also important to take care of yourself in this environment. Make sure you're taking breaks when you need them, and seeking out support from friends, family, or a counselor if necessary. And don't forget to have a little fun too! College is a time to explore new ideas and experiences, and there's no reason why politics should get in the way of that.

Finally, I want to acknowledge that there has been some political upheaval in SoBA over the past month. But it's important to remember that this too shall pass. Change can be scary, but it can also be exciting and lead to positive growth. So don't let the current situation discourage you. Instead, focus on doing what you can to contribute to a positive, healthy environment for yourself and those around you.

I hope this letter has been helpful, Anonymous. Remember, navigating politics is never easy, but with a little patience, understanding, and humor, it's possible to maintain strong friendships and a positive outlook. Good luck!

Sincerely,  
Snippets

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